

Walk-In Clinics



What's Up Walk-In

Couples and family counselling for individuals up to 29 years of age. There are six locations across Toronto.

www.whatsupwalkin.ca/



WoodGreen Community Services

Free walk-in counselling on Tuesday & Wednesday evenings. Offers couples counselling support.

815 Danforth Avenue, Main Floor,
Toronto, ON M4J 1L2
(416) 572-3575

www.woodgreen.org/

Can't find what you're looking for?

PsychologyToday provides a free and easy-to-use search engine for finding counsellors and therapists in Canada.

Visit

www.psychologytoday.com/ca
for more information.

Other Locations



Mount Sinai Hospital, Department of Psychiatry

The Couple and Family Clinic
Joseph and Wolf Lebovic Health Complex
600 University Avenue, 9th floor
(416) 586-4800 ext. 8714

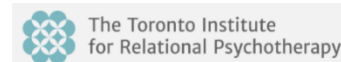
www.mountsinai.on.ca/care/psych/patient-programs/general-psychiatry/couple-family-therapy-clinic



The Gestalt Institute of Toronto – Student Clinic

417 Parliament Street
Toronto ON, M5A 3A1
(416) 964-9464 ext. 18

www.gestalt.on.ca/low-cost-therapy-clinic/



Toronto Institute for Relational Psychotherapy

Therapists offering low-cost therapy in various locations around Toronto

www.tirp-lowcost-therapy.ca/couples-therapy



The Institute of Family Living

The Institute of Family Living

Box 47, 3080 Yonge Street, Suite 5034
Toronto ON, M4N 3N1
(416) 487-3613

info@ifl.on.ca
www.tirp.ca/

External Referrals: Couples Counselling

Student Counselling & Development
Division of Students
York University

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Black Creek Community Health Centre



www.bcchc.com/

Sheridan Mall Site

2202 Jane St. Unit 5
North York, ON M3M 1A4
(416) 249-8000

Yorkgate Mall Site

1 York Gate Blvd. Suite 202
North York, ON M3N 3A1
(416) 246-2388

Bathurst & Sheppard

4256 Bathurst Street
North York, ON M3H 5Y8

Catholic Family Services of Toronto



www.cfstoronto.com/

Central Toronto Office

1155 Yonge Street, Suite 200
Toronto ON, M4T 1W2
(416) 921-1163
info@cfstoronto.com

North Toronto Office

245 Fairview Mall Drive,
Suite 201, Toronto, Ontario M2J 4T1.
(416) 222-0048
info@cfstoronto.com

Family Services York Region



www.fsyrc.ca/

FSYR Newmarket

1091 Gorham St., Suite 300
Newmarket, Ontario L3Y 8X7
(905) 895-2371

FSYR Markham

4261 Highway 7, Suite 203
Unionville, Ontario L3R 9W6
(905) 415-9719

FSYR Richmond Hill – Bayview

10610 Bayview Ave., Unit 18
Richmond Hill, Ontario L4C 3N8
(905) 883-6572

FSYR Georgina Office

Box 8, 25202 Warden Ave.
Sutton West, Ontario L0E 1R0
(905) 476-3611

Family Services Toronto



FAMILY SERVICE TORONTO
For People. For Change.

www.familyserVICEToronto.org/

Service Access Unit:

(416) 595-9618 (Intake)

Church Street Office

355 Church Street
Toronto, ON

Sterling Rd. Office

128a Sterling Rd
Toronto, ON M6R 2B7

LAMP Community Health Centre

185 Fifth Street
Etobicoke, ON

Rexdale Community Health Centre

8 Taber Road
Etobicoke, ON

Victoria Park Hub

1527 Victoria Park Avenue
Scarborough, ON