

**POSITION TITLE:** *Peer Health Educator*

**UNIT & DEPARTMENT:** *Health Education & Promotion, Student Counselling, Health & Well-Being*

**SOCIAL MEDIA TEASER:** Are you passionate about creating a healthy campus through mental health and well-being programs? Join the Health Ed Team!

**ELIGIBILITY:** *Full-time Domestic and Full-time International students. Must be [work/study eligible](#) and must complete the [online Student Financial Profile](#)*

**NUMBER OF POSITIONS:** 5-6 positions on Keele Campus

**RATE OF PAY:** \$15.00

**EMPLOYMENT TERM:** *Fall/Winter 2022-23. Position starts August 22 2022 until April 10 2023*

**HOURS OF WORK:** *10-12 hours per week*

**LOCATION:** The position is intended to work on-campus and those interested should only apply if they can be present on the Keele campus during designated work hours. In the event the university decides to pivot to a remote work environment again, SCLD will determine how to best utilize staff to continue to run operations.

The Work Study Student program provides on-campus job opportunities for eligible York University undergraduate students. Work Study Student employees are provided opportunities to contribute to support roles while developing valuable, relevant skills and work experience for the workplace. These roles offer a learning and development opportunity for Work Study Student employees to receive experiential on-the-job training, guidance and mentorship. Under the guidance of permanent staff members, Work Study Student employees will provide support to their relevant department/faculty in clerical, administrative and technical capacities. As part of your Work-Study/LEAP experience, you will participate in Becoming YU, a program designed to support students in:

- creating meaningful goals and objectives;
- recognizing the value of their personal, academic and professional experiences;
- identifying their competencies and skills; and
- articulating their skills and experiences with confidence. Becoming YU includes regular meetings with your student employment supervisor/coach for reflecting on your progress and getting valuable feedback

**JOB DESCRIPTION:**

Peer Health Educators (PHEs) are part of the LEAP work/study program. They are responsible for advocating and educating on various health topics targeting the student population.

These topics include: Alcohol and Other Drugs, Mental Health, Resilience & Healthier Coping Strategies, Nutrition, Sexual Health & Healthy Relationships, Physical Health and Sleep.

PHEs are trained to disseminate health information to students by engaging community programming and delivering workshops. They provide students with custom resources and use health promotion tools to engage in topics related to student well-being.

PHEs enhance understanding and access to mental health resources. This is critical to reducing stigma and promoting early help-seeking.

PHEs are responsible in utilizing their excellent research skills on topics that matter the most to student well-being. Their research based on a harm-reduction and anti-oppressive framework to support and educate their peers on these topics.

PHEs also provide wellness consultations and individual supports through an empathetic tone and none-judgmental attitude.

It is expected that the PHEs will set a positive example by conducting themselves in a manner that aligns with Health Education & Promotion Guidelines and the Student Code of Rights and Responsibilities.

#### University Contribution:

- Assess and adapt well-being program and resources to the student community
- Provide health education and programs through workshops and trainings
- Work with the Student Counselling, Health & Well-Being department to advance the strategic priorities related to student well-being

#### Collaboration Opportunities:

- Develop and maintain positive relationships with on and off campus units/organizations to address the gaps in student well-being services
- Collaborate with other peer-led groups and organizations on campus to integrate programming within other student life activities (e.g. frosh week)

#### Feedback & Ongoing Support

- Attend weekly team meetings to discuss ongoing projects, provide community feedback, establish individual and team goals in order to adapt programming targets
- Use surveys and engagement tools to collect well-being data. Advocate and for new programming opportunities for specific population
- Participate in self-assessment and performance review processes with supervisor each term.

#### **REQUIRED QUALIFICATIONS:** *[Include complete, detailed position qualifications here.]*

The candidate must....

- Have a passion for supporting student well-being and mental health initiatives
- Excellent critical research abilities that consist of : critical thinking from an anti-oppressive lens, analysis of information from different sources and synthesizing data
- Have excellent communication skills: public speaking and presentation proficiency

- Knowledge of current student-well-being issues and barriers to access support
- Knowledge of York's services and current well-being resources for students
- Strong organizational and time management skills
- Demonstrate an eagerness to learn and take initiative with an experimental attitude
- Ability to work on a team and work independently

*The candidate must be at least in second year to apply. Must be a current undergraduate York student, affiliated and involved in campus life*

**MANDATORY TRAINING DATES:** *[List all mandatory training dates.]*

- Peer Leadership Training Conference (TBC - May 2022)
- Peer Health Educator - Live Training: August 22 – August 26 2022. Training takes place typically 9am-4:30pm (30 hours). Full availability required.
- Health Promotion Foundational Modules 15 hours (asynchronous), must be completed before August 2022.

*\*all mandatory training counts as paid work hours*

**REQUIRED DOCUMENTS AND ASSIGNMENTS FOR APPLICATION:** *[List all required documents needed for application as well as any special documents or assignments required of the applicant.]*

1. Resume
2. Cover letter questions (max 250 words)
  - a. Why do you want this position?
  - b. What health topics are you most passionate about and why?
  - c. Why does anti-oppression in health promotion matter?
3. Presentation Submission: Debunking Health Myths (submit only PDF or PPT slides)

Presentation Submission Details

Health promotion supports personal and social development through providing literacy to enhance life skills. It acknowledges that health is on a spectrum. One that needs to be addressed both individually and within a social context. Often mainstream “health advice” contains biases or misinformation. This can leave students feeling stigmatized, ashamed or isolated in their experience. This may prevent students in getting the supports they need to improve their health.

In this mini-presentation your goal is to educate the audience on a misconception of a common health topic. Your presentation should support the de-stigmatization of a health topic one that acknowledges diversity within the student experience.

Choose one of the following health topics to debunk:

1. Fad Diets & Healthy Foods
2. Self-Esteem & Social Media
3. Sexually Transmitted Infections
4. Myths of Self-Care

You will be evaluated by the following criteria:

- Is the information in the presentation accurate and critically researched? Is the research from validated sources?
- Is the information presented in a student-friendly and engaging manner?
- Would students feel more validated and self-accepting of their experiences if they were to attend your presentation?
- Would they feel more empowered to take a small action to improve their health?
- Does your content promote prevention and early help-seeking behaviours?

Submit a slide-show presentation. It should be between 10-15 minutes worth of content. Please submit as PDF or PPT/PPTX format or Google Slides (enable sharing options).

**APPLICATION CLOSING DATE:** Applications close March 21<sup>st</sup> 2022 by 9am EST. Partial applications will not be considered.

**APPLY HERE:**

Hiring Form 2022-2023: <https://forms.office.com/r/ADjvqhBbb>

**PLEASE NOTE:**

- Only those applicants considered for an interview will be contacted.
- Only current York University students may apply
- All applicants must submit their application using a @my.yorku.ca or if unpermitted, a @yorku.ca e-mail domain (e.g. [johnsmith@my.yorku.ca](mailto:johnsmith@my.yorku.ca) or try [johnsmith@yorku.ca](mailto:johnsmith@yorku.ca))

**NOTE:** York University requires all community members, including employees and visitors who attend our campuses be fully vaccinated against COVID-19, subject to medical and human rights exemptions, in accordance with all applicable laws and regulations. The University's [vaccine policy](#) is integral to our ongoing commitment to health and safety. Offers of employment require that you comply with the COVID-19 Vaccination Mandate by providing proof of vaccination prior to your start date. For information on how York University is responding to COVID-19 please visit the [YU Better Together](#) website.

The University welcomes applications from all qualified individuals, including, but not limited to women, persons with disabilities, visible minorities (racialized), Indigenous Peoples and persons of any gender identity and sexual orientation. York University is committed to a positive, supportive and inclusive environment.

York University offers accommodation for applicants with disabilities in its recruitment processes. If you are contacted by York University regarding a job opportunity or testing, please advise if you require accommodation.