

LGBTQ+ Groups in Ontario

Updated May 2021

This list includes support groups, social groups, workshops, events, etc. Please note when services are specific to a region, age group or community. Some groups may have a waitlist or may not be currently offered. This list is for informational purposes only.

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York University

Student Counselling, Health and Wellbeing

<https://counselling.students.yorku.ca/group-counselling-scd>

SCHW provides walk-in and short-term, ongoing counselling to current York University students. They also offer support groups, process groups, and workshops.

TBLGAY

<https://www.instagram.com/tblgay/?hl=en>

<https://www.facebook.com/groups/TBLGAY/>

<https://twitter.com/tblgayork?lang=en>

TBLGAY is a student-run organization that offers community referrals, a resource library, and a drop-in space where queer, trans and asexual students and community members can go to hang out and make new friends in the community.

GLgbt*

<https://www.facebook.com/glendonlgbt/>

<https://www.instagram.com/glegbt/?hl=en>

Glendon's LGBT-Ally community group! Le groupe pour la communauté LGBT-Allié au Collège Glendon! GLgbt* is a group that promotes a supportive environment for the lesbian, gay, bisexual, transgender, questioning, queer or any individual with diverse sexual or gender identities on York University's Glendon campus.

OUTLaws Osgoode Hall Law School

<https://www.facebook.com/osgoodeoutlaws/>

<https://www.instagram.com/ozoutlaws/?hl=en>

The Osgoode OUTLaws is a student club at Osgoode Hall Law School dedicated to supporting 2SLGBTQIA students & community.

The Centre for Women and Trans People

<https://yorku.campuslabs.ca/engage/organization/centreforwomenandtranspeople>

<https://www.facebook.com/Centre-for-Women-Trans-People-CWTP-York-114007270351884/>

The Centre for Women and Trans People ("the Centre") is a student-funded, collectively run, volunteer-driven organization at York University. We are a progressive, pro-choice, anti-racist, queer-positive, trans-positive, feminist organization.

Youth

SPECTRUM in Waterloo Region

A variety of groups for LGBTQ+ community members and those thinking about coming out (and a PFLAG group for parents and friends). They have identity-specific groups (including Aging with Pride for older LGBTQ+ folks) and sexual health programming.

<https://ourspectrum.com/resources/spectrum-groups/>

AIDS Committee of Durham Region

Their Youth Outreach program hosts programming around sexual health and harm reduction, including a biweekly mental health drop-in for LGBTQ+ Youth.

<https://www.aidsdurham.com/youth.html>

St. Joseph's Healthcare in Hamilton - Reach Out Program

<https://reachouthamilton.ca/programs/>

SAGE group provides: “peer support group for youth who identify as trans, nonbinary, genderfluid, or who are questioning their gender identity and want to connect with community.”

Positive Space Network in Halton Region

<https://positivespacenetwork.ca/programs-and-services/>

“The Positive Space Network builds community and creates safer spaces for 2SLGBTQ+ youth ages 6-24 in Halton Region by creating youth-focused programming, providing mental health support and cultivating community partnerships.” They have groups for youth, parents and additional programming and events

Open Closet for residents of Perth, Huron, Lambton, Elgin, Middlesex and Oxford

<http://hivaidsconnection.ca/node/52>

Open Closet is a social support group for LGBT2Q+ (lesbian, gay, bi, trans, 2-spirit, queer) youth between 14 and 18 years of age. The group includes discussions related to coming out, queer identities, LGBT2Q+ histories, survival strategies, safer sex and healthy relationships. We also bring in guest speakers, do arts-based activities, and provide information about HIV/AIDS and other sexually transmitted infections (STIs), harm reduction, and community services/resources according to participants' individual needs.

Affirm

<https://www.projectyouthaffirm.org/>

AFFIRM is a CBT-based group for LBGTQ+ youth and adults to learn stress coping skills and to meet other LGBTQ+ youth and adults in your area.

ReachOUT

<https://www.facebook.com/LimitlessYouthArts>

If you're a youth ages 12-21 who is part of the 2SLGBTQIA+ community or Questioning join reachOUT on Wednesday's at 3:30pm to 5:00pm connect with other 2SLGBTQIA+ youth. Join us for laughs, talking about issues important to us and connecting!

Friends of Ruby

<https://www.friendsofruby.ca/programs-and-services/mental-health-and-wellness-support/>

Drop in's: <https://www.friendsofruby.ca/programs-and-services/drop-in-services-and-programming/>

"We host groups dedicated to topics such as skills for safer living, coping and emotion management skills and mindfulness practices, where youth learn skill building, risk management, needs prioritization and active listening."

The Studio (Skylark)

<https://www.skylarkyouth.org/for-youth/the-studio/>

"The Studio is an LGBTQ+ positive drop-in created by and for young people ages 12 to 21. Youth can come hang out, play video games, watch movies and socialize, record music and make beats in the music program, or check out (and even run) some workshops and youth-led groups."

Yorktown Family Service's Rainbow West

<https://www.yorktownfamilyservices.com/programs/rainbow-west/>

8-week workshop program for LGBTQ+ youth ages 16-24

Spectrum in Hamilton

<https://www.spectrum.ca/programming>

Newcomer events and supports: <https://www.spectrum.ca/newcomer-events>

Support and community building for 2S-LGBTQIA+ young people - they host support groups, workshops and social events.

YouthLink in Scarborough

<https://youthlink.ca/services/yaaha/>

YAAHA — or Youth Advocating Anti-Homophobia Awareness — was created by LGBTQ youth for LGBTQ youth in Scarborough.

PARN in Peterborough

<https://parn.ca/community-building/rainbow-youth/>

The Rainbow Youth Program works to make lesbian, gay, bisexual, transgender, 2-spirit, queer and questioning (LGBTQ+) youth feel safe, included, and empowered in Peterborough and the four counties. They host a weekly drop in group and workshops.

Supporting Our Youth from Sherbourne Health

<https://soytoronto.com/>

Groups for LGBTQ+ youth - SOY programming including TransFusion Crew, Black Queer Youth and Express for newcomer youth.

Ok2BeMe Gender Journeys Group in Waterloo

<https://ok2bme.ca/services/gender-journeys-group/>

OK2BME's Gender Journeys 2021 is a psychoeducational group specifically designed to support gender diverse youth in Waterloo Region.

Windsor Pride Community

<https://www.facebook.com/pridewindsor>

Windsor Pride creates a culture of belonging for Windsor-Essex County's 2SLGBTQIA+ community, their families, allies, employers & educators. They have a virtual youth drop in and host regular webinars and workshops.

Christie Ossington Neighbourhood Centre's LGBTQ2SI+ & Friends Youth Drop-in (Online)

<https://www.conccommunity.org/lgbtq2siprograms/>

Board Games, Art, Video Games, Couches, Button Making, Connect with Peers. Email us to drop by to pick up food and supplies.

East Mississauga Community Health Centre's LGBTQ2S Programs

<http://eastmississaugachc.org/events> (click "download our program and events calendar")

Offers a Mature 45+ Trans Group, Queer Yoga, weekly drop-in for LGBTQ+ community, and Trans Activate drop-in.

The SPACE Youth Centre in Hamilton's Kaleidoscope and OQRA Groups

<https://www.spaceyouth.ca/programs>

Kaleidoscope: 2S-LGBTQIA+ youth circle, where we try to build an intentional space prioritizing community care and centering the voices of youth with multiple marginalized identities through fun activities, healing & learning!

OQRA is a social and informal support group for QTBIPOC. OQRA offers the chance to connect with other racialized 2SLGBTQIA+ folks in a private and empowering community setting where confidentiality is valued.

CAYR Community Connections's Rainbow Program in York Region

<https://cayrcc.org/rainbowspace>

Check out their facebook for events: <https://www.facebook.com/cayrcommunityconnections>

2SLGBTQ+ community members including youth, older adults, and seniors can access both drop-in and facilitated groups through Rainbow Space. Groups include an Older Adult (55+) Coffee Circle, Youth Fun (13-24), QTIPOC Youth, a Book Club, and workshops/discussion groups.

2S-Indigi-Queer, & LGBTQIAP+ Building Gender and Sexually Diverse Communities Project

<https://mwikwedong.com/program/advocacy-project-for-two-spirit-and-indigenous-lgbtqia-people/>

Two-Spirit and Indigenous LGBTQ+ community members deserve dedicated supports within their communities. This project recognizes the needs of folks of diverse gender and sexual identities. We are part of the circle. Includes monthly zoom groups (specific groups for trans, ACE, Older and Youth communities), activities, community advocacy groups, and cultural programming.

Toby's Place in Scarborough/GTA

<https://www.facebook.com/tobysplacebbuc/>

Toby's Place is drop-in space for 2SLGBTQIA+ youth and friends under 23.

LGBTQ Youth Line Events

Youth Line provides peer support to LGBTQ+ youth in Ontario through their helpline and hosts occasional events.

“Our events bring together members of the 2SLGBTQ community in support of our programming, but also to create fellowship and fun!”

<https://www.youthline.ca/get-support/events/>

Asian Community AIDS Services

ACAS provides programming for LGBTQ+ identified Asian youth, including workshops, peer support, and social events.

<http://acas.org/programs/for-youth/>

Saefty in Ottawa

<https://www.saeftyottawa.ca/events>

SAEFTY is Ottawa's only independent youth group run entirely by and for trans and gender diverse youth. SAEFTY provides drop-in programming and community events for trans and gender diverse children, youth, and people of all ages.

Big Brothers Big Sisters PRISM Program in Oxford County

<https://oxford.bigbrothersbigsisters.ca/what-we-do/our-programs/>

A challenge that many Oxford County 2SLGBTQ+ children and youth face is finding a mentor to help guide them along their journey. Big Brothers Big Sisters in Oxford County is proud to offer the PRISM program (Pride, Respect, Identity, Safety and Mentoring), entirely designed to connect 2SLGBTQ+ children and youth with 2SLGBTQ+ adults. The children and youth can foster an authentic bond with an 2SLGBTQ+ identifying adult. The relationship will provide a child or youth with a safe place to explore their identities, create an empowering relationship with a mentor and connect to the 2SLGBTQ+ community in Oxford County.

Toronto Gaymers

<https://www.torontogaymers.com/events>

Creating safer, hate-free spaces--both physical and virtual--for LGBTQ2S+ gamers and geeks of all stripes. We proudly serve intersectional populations, youths, PoCs, and build communities.

Black Queer Youth Collective

<https://www.blackqueeryouthcollective.org/upcoming-events>

The Black Queer Youth Collective recognized a need to fill the gap between Black youth support systems and those available to Black LGBTQ+ youth. Our vision is to create a space where the voices and experiences of Black Queer and Trans youth are heard and they feel comfortable and safe.

Kind Space in Ottawa

<https://www.meetup.com/Kind-Space-LGBTQIA-Community/>

Kind gives people in Ottawa's queer communities personal and peer support, as well as a physical space for people to understand and inhabit their particular identities with confidence and courage. Kind provides anyone on the human sexuality and gender spectrum with resources, information and support. Peer-led groups Kind runs include: Queer trans youth, Café Q, The Men's Group, Polyabilities, Biamore, Genderquest, etc.. Kind also hosts a variety of social events each month ranging from swim nights to art nights to movie nights as well as events during Pride week.

NorWest Community Health in Thunder Bay's The Other 10 Percent LBGTTTIQA+ Youth Group

<https://www.norwestchc.org/locations/thunder-bay/programs/families-transition>

Meets every second Thursday during the school year. This group is facilitated by the children's Centre Thunder Bay. The Other 10% is a group of self-identified LBGTTIQA +Questioning young people 12-25 years old.

Older Adults

The 519's Virtual Older LGBTQ2S Adults Program

<https://www.the519.org/events/oap-virtual>

The Older LGBTQ2S Adults Program at The 519 provides people with opportunities to make deeper connections with their peers by socializing and learning through special events, guest speakers, and promoting related community resources.

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Egale's Rainbow Table

<https://egale.ca/egale-in-action/rainbowtable/>

Rainbow Table is a virtual space where 2SLGBTQI seniors and allies can connect during the COVID-19 pandemic and beyond. This space provides a platform to engage in important and relevant topics that impact our communities. With exciting guest speakers and useful resources, Rainbow Table strives to give 2SLGBTQI seniors and allies a space that is truly their own, and acts as a go-to for support, resources, and community engagement; in areas like health, legal rights, activities, and more!

East Mississauga Community Health Centre's LGBTQ2S Programs

<http://eastmississaugachc.org/events> (click "download our program and events calendar")

Offers a Mature 45+ Trans Group, Queer Yoga, weekly drop-in for LGBTQ+ community, and Trans Activate drop-in.

SPECTRUM in Waterloo Region

A variety of groups for LGBTQ+ community members and those thinking about coming out (and a PFLAG group for parents and friends). They have identity-specific groups (including Aging with Pride for older LGBTQ+ folks) and sexual health programming.

<https://ourspectrum.com/resources/spectrum-groups/>

The Gilbert Centre in Simcoe

<https://gilbertcentre.ca/>

Facebook for events: <https://www.facebook.com/GilbertCentre/>

The Gilbert Centre provides social and support services to empower, promote health, and celebrate the lives of people living with and affected by HIV and other sexually transmitted infections (STI) and the individuals and families from the lesbian, gay, bisexual, transgender, queer (LGBTQ) communities of Simcoe Muskoka. They host events on parenting, for Older Adults, and more.

2S-Indigi-Queer, & LGBTQQIAP+ Building Gender and Sexually Diverse Communities Project

<https://mwikwedong.com/program/advocacy-project-for-two-spirit-and-indigenous-lgbtqqia-people/>

Two-Spirit and Indigenous LGBTQ+ community members deserve dedicated supports within their communities. This project recognizes the needs of folks of diverse gender and sexual identities. We are part of the circle. Includes monthly zoom groups (specific groups for trans, ACE, Older and Youth communities), activities, community advocacy groups, and cultural programming.

Multicultural and Racialized Communities

Across Boundaries

Supports for those who are 2SLGBTQ+ and who identify as QTBIPOC (Queer & Trans Black, Indigenous, and Person of Colour). Includes individual and support groups

<https://www.acrossboundaries.ca/2slgbtq-1>

Inhale/Exhale (from Across Boundaries)

“Feel-good, heart-centred, and free programming for QTBIPOC — Queer & Trans Black, Indigenous, & People of Colour”

Webisodes, virtual meet-ups and workshops

<https://www.acrossboundaries.ca/2slgbtq>

Supporting Our Youth from Sherbourne Health

<https://soytoronto.com/>

Groups for LGBTQ+ youth - SOY programming including TransFusion Crew, Black Queer Youth and Express for newcomer youth.

Asian Community AIDS Services

ACAS provides programming for LGBTQ+ identified Asian youth, including workshops, peer support, and social events.

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Salaam Canada

<https://www.facebook.com/salaamqueercanada>

"Salaam Canada creates space for folks who identify as both Muslim and queer/trans. We acknowledge the diverse experiences of our community and support queer/trans people who identify with Islam ritually, culturally, spiritually, or religiously."

The SPACE Youth Centre in Hamilton's Kaleidoscope and OQRA Groups

<https://www.spaceyouth.ca/programs>

Kaleidoscope: 2S-LGBTQIA+ youth circle, where we try to build an intentional space prioritizing community care and centering the voices of youth with multiple marginalized identities through fun activities, healing & learning!

OQRA is a social and informal support group for QTBIPOC. OQRA offers the chance to connect with other racialized 2SLGBTQIA+ folks in a private and empowering community setting where confidentiality is valued.

The 519 Community Centre's Virtual Trans People of Colour Program

<https://www.the519.org/events/tpoc-2021>

The 519 Trans People of Colour Project (TPOC) is designed to provide access to training, skills development and employment opportunities for TPOC to take up community leadership, provide access to affirming sexual health promotion information and services and ultimately to develop a cookbook that

highlights the leadership of TPOC, has important sexual health promotion tips and centres recipes that focus on healthy eating on a budget.

Peel in Colour

<https://www.instagram.com/peelincolour/>

A casual crafts group for racialized 2SLGBTQQI+ folks of all ages! WE'RE VIRTUAL! Join us the last Thursday of every month on the Jitsi platform.

Black Queer Youth Collective

<https://www.blackqueeryouthcollective.org/upcoming-events>

The Black Queer Youth Collective recognized a need to fill the gap between Black youth support systems and those available to Black LGBTQ+ youth. Our vision is to create a space where the voices and experiences of Black Queer and Trans youth are heard and they feel comfortable and safe.

First Nations, Indigenous, and Two-Spirit

2-Spirited People of the 1st Nations

<http://www.2spirits.com/index.html>

Facebook page for events:

<https://www.facebook.com/2-Spirited-People-of-the-1st-Nations-1841697149379183/?fref=ts>

2-Spirited People of the 1st Nations (2-Spirits) is a non profit social service organization whose membership consists of First Nations, Metis and Inuit 2-Spirit People. They host workshops, groups and provide counselling.

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Nogjiwanong Friendship Centre's Building Gender Diverse Communities Project

<https://www.nogofc.ca/services/children-youth/building-gender-diverse-communities-project/>

An Indigenous Mentor will provide one-on-one services with individuals and with groups, engaging Two-Spirit and Indigenous LGBTQ+ in a community-driven research process to self-define well-being and explore ways that Friendship Centres and surrounding communities can support a sense of belonging.

Newcomers

Spectrum in Hamilton

<https://www.spectrum.ca/programming>

Newcomer events and supports: <https://www.spectrum.ca/newcomer-events>

Support and community building for 2S-LGBTQIA+ young people - they host support groups, workshops and social events.

Supporting Our Youth from Sherbourne Health

<https://soytoronto.com/>

Groups for LGBTQ+ youth - SOY programming including TransFusion Crew, Black Queer Youth and Express for newcomer youth.

Access Alliance LGBTQ+ Newcomer Workshops

<https://accessalliance.ca/programs-services/lgbtq-programs/services-and-supports-for-lgbtq-newcomers/>

Weekly resettlement workshops.

Trans, Non-Binary, and Gender Non-Conforming

Trans Wellness Ontario

<https://www.transwellness.ca/support-groups>

Our support groups provide the opportunity for community members to connect with each other in a safe, welcoming environment to explore their identity, emotions, and experiences. Each group is facilitated by at least one TWO staff member with lived experience in the area. There are currently five different support groups available for clients to access.

SPECTRUM in Waterloo Region

A variety of groups for LGBTQ+ community members and those thinking about coming out (and a PFLAG group for parents and friends). They have identity-specific groups (including Aging with Pride for older LGBTQ+ folks) and sexual health programming.

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Ok2BeMe Gender Journeys Group in Waterloo

<https://ok2bme.ca/services/gender-journeys-group/>

OK2BME's Gender Journeys 2021 is a psychoeducational group specifically designed to support gender diverse youth in Waterloo Region.

Gender Quest Group at Quest Health in Niagara

<http://questchc.ca/participate-at-quest/groups/>

A support group for adults in any stage of gender transition, including those questioning their gender, modeled after Sherbourne Health Centre's Gender Journeys group.

Family Services York Region's Transgender Support Group

<https://www.fsyrc.ca/services/group-programs/>

A free group for anyone experiencing or questioning changes on the gender spectrum. Discussions include but are not limited to a variety of issues such as coming out, health and hormones, dealing with discrimination, negotiating relationships.

East Mississauga Community Health Centre's LGBTQ2S Programs

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Offers a Mature 45+ Trans Group, Queer Yoga, weekly drop-in for LGBTQ+ community, and Trans Activate drop-in.

ARCH Trans Drop-In in Guelph

<https://www.archguelph.ca/transgender-health-care>

Online Peer Support is a live online chat service for people who are navigating their gender identity, trans experience, or those of a loved one who is trans, two spirit, gender non-conforming, or otherwise not cisgender. Facilitated by trained peer worker moderators, each free chat session offers an intentional community, peer-support space for people of all genders who are ages 16 and older. This is a space to share experiences, and to benefit from the empathy and understanding of others in a constructive, peer-to-peer way.

Canadian Mental Health Association's Trans Peer Outreach

<https://cmhahkpr.ca/programs-services/trans-peer-outreach/>

Core Support Group for people exploring gender identity and expression. Facilitators provide up-to-date information about a variety of topics such as; exploring your sense of self, finding trans-friendly health care, coming out to family, friends, and co-workers, physical health and emotional well-being, accessing community and celebrating diversity, practical information to assist with transitioning and the experience of transitioning. The group also fosters community support and connection.

Saefty in Ottawa

<https://www.saeftyottawa.ca/events>

SAEFTY is Ottawa's only independent youth group run entirely by and for trans and gender diverse youth. SAEFTY provides drop-in programming and community events for trans and gender diverse children, youth, and people of all ages.

Transgender Innerelves

<https://www.facebook.com/tginnerselves>

Social support groups and events for the transgender community.

The 519's Trans Conversation Cafe

<https://www.the519.org/events/trans-conversation-cafe>

Join us Mondays at 4:30 for conversation, workshops, film screenings, and more. The Monday Trans Conversation Café program is focused on creating a drop-in space for trans, non-binary and 2-spirit folks to come together, find support, and have fun along the way.

Kind Space in Ottawa

<https://www.meetup.com/Kind-Space-LGBTQTQA-Community/>

Kind gives people in Ottawa's queer communities personal and peer support, as well as a physical space for people to understand and inhabit their particular identities with confidence and courage. Kind provides anyone on the human sexuality and gender spectrum with resources, information and support. Peer-led groups Kind runs include: Queer trans youth, Café Q, The Men's Group, Polyabilities, Biamore, Genderquest, etc.. Kind also hosts a variety of social events each month ranging from swim nights to art nights to movie nights as well as events during Pride week.

NorWest Community Health in Thunder Bay's Gender Journeys Adult Group

<https://www.norwestchc.org/locations/thunder-bay/programs/gender-journeys>

Gender Journeys is a free 8-session group for adult trans-gender and questioning people (18 years and older). This group explores gender identity and expression and will provide reliable, up to date information on these topics. The group is designed to create a space to foster community support and connection. This group will respect the diversity of gender and sexuality and will be facilitated by Thunder Bay Gender Journeys Alumni.

Bi+

Toronto Bi+ Network

<https://www.torontobinet.org/events>

Peer support meetings and a monthly brunch for bi+ and questioning individuals.

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Asexual and Aromantic

Aces and Aros Find an Event

<https://acesandaros.org/events>

Aces and aros are meeting around the world. On our map, you'll find information for every community group in your area.

Trans Wellness Ontario

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Our support groups provide the opportunity for community members to connect with each other in a safe, welcoming environment to explore their identity, emotions, and experiences. Each group is facilitated by at least one TWO staff member with lived experience in the area. There are currently five different support groups available for clients to access.

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Survivors of Gender-Based Violence

Barbra Schlifer Clinic's Tender Hearts: A Queer Series

<https://www.schliferclinic.com/services/counselling/group-counselling/>

Designed by and for queer survivors of gender-based violence. The series is for women (self-identified), intersex, non-binary, and two-spirit people. Group is open to women, non-binary, gender-diverse, and Two Spirit people. We are committed to being trans-affirming.

Sexual Health and Harm Reduction

The Gilbert Centre in Simcoe

<https://gilbertcentre.ca/>

Facebook for events: <https://www.facebook.com/GilbertCentre/>

The Gilbert Centre provides social and support services to empower, promote health, and celebrate the lives of people living with and affected by HIV and other sexually transmitted infections (STI) and the individuals and families from the lesbian, gay, bisexual, transgender, queer (LGBTQ) communities of Simcoe Muskoka. They host events on parenting, for Older Adults, and more.

SPECTRUM in Waterloo Region

A variety of groups for LGBTQ+ community members and those thinking about coming out (and a PFLAG group for parents and friends). They have identity-specific groups (including Aging with Pride for older LGBTQ+ folks) and sexual health programming.

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Their Youth Outreach program hosts programming around sexual health and harm reduction, including a biweekly mental health drop-in for LGBTQ+ Youth.

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ACT Toronto

<https://www.actoronto.org/programs-services/groups>

ACT offers group-based programs for people living with HIV, those concerned about their risk for HIV, as well as groups related to mental health and substance use.

Trans Wellness Ontario

<https://www.transwellness.ca/support-groups>

Our support groups provide the opportunity for community members to connect with each other in a safe, welcoming environment to explore their identity, emotions, and experiences. Each group is facilitated by at least one TWO staff member with lived experience in the area. There are currently five different support groups available for clients to access.

CAYR Community Connections's Rainbow Program in York Region

<https://cayrcc.org/rainbowspace>

Check out their facebook for events: <https://www.facebook.com/cayrcommunityconnections>

2SLGBTQ+ community members including youth, older adults, and seniors can access both drop-in and facilitated groups through Rainbow Space. Groups include an Older Adult (55+) Coffee Circle, Youth Fun (13-24), QTIPOC Youth, a Book Club, and workshops/discussion groups.

The 519 Community Centre's Virtual Trans People of Colour Program

<https://www.the519.org/events/tpoc-2021>

The 519 Trans People of Colour Project (TPOC) is designed to provide access to training, skills development and employment opportunities for TPOC to take up community leadership, provide access to affirming sexual health promotion information and services and ultimately to develop a cookbook that highlights the leadership of TPOC, has important sexual health promotion tips and centres recipes that focus on healthy eating on a budget.

Asian Community AIDS Services

ACAS provides programming for LGBTQ+ identified Asian youth, including workshops, peer support, and social events.

<http://acas.org/programs/for-youth/>

ACCKWA in Waterloo

Peer Programs: <https://www.acckwa.com/peer/>

Working Group: <https://www.acckwa.com/turning-to-one-another-ttoa/>

At ACCKWA, we work toward a future where new HIV, hepatitis C, and sexually-transmitted or blood-borne infections are rare in Waterloo Region. People living with HIV will feel that maintaining health, well-being and full community participation are achievable, realistic goals.

Families

The 519 Community Centre's EarlyON Program

<https://www.the519.org/programs/early-on-child-and-family-centre>

The 519 EarlyON Child and Family Centre is a supportive space for families of diverse sexual orientations, gender identities, and configurations and their children (ages 0 to 6) to meet, play, talk, learn, and grow with each other.

For Parents, Friends and Allies

PFLAG Toronto (Parents and Friends)

<https://www.torontopflag.org/three-monthly-support-mtg>

Our support meetings offer a warm and caring atmosphere for you to hear about the experiences of others, share your own, and grow in your understanding of gender diversity and sexual orientation. All discussions are confidential, and it is fine to come at first to listen and not to talk. Created for parents, we also welcome LGBTQ2S+ individuals as well as their family members and friends.

SPECTRUM in Waterloo Region

<https://ourspectrum.com/resources/spectrum-groups/>

A variety of groups for LGBTQ+ community members and those thinking about coming out (and a PFLAG group for parents and friends). They have identity-specific groups (including Aging with Pride for older LGBTQ+ folks) and sexual health programming.

PFLAG in Renfrew County

<http://www.pflagrenfrewcounty.ca/>

LGBTQ2S individuals and their families are welcome to join us for coffee & conversation in a safe, non-judgmental space. An RSVP is not required.

Canadian Parents of Trans, Two-Spirit, and Gender-Diverse Kids

<https://www.facebook.com/canadianparentsoftranskids/>

“Canadian Parents of Trans, Two-Spirit & Gender Diverse Kids is a support group for parents of gender diverse kids of all ages. Parents canadiens d'enfants trans et bispirituels est un groupe d'entraide pour les parents d'enfants de divers genres.”

Positive Space Network in Halton Region

<https://positivespacenetwork.ca/programs-and-services/>

“The Positive Space Network builds community and creates safer spaces for 2SLGBTQ+ youth ages 6-24 in Halton Region by creating youth-focused programming, providing mental health support and cultivating community partnerships.” They have groups for youth, parents and additional programming and events

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The Gilbert Centre in Simcoe

<https://gilbertcentre.ca/>

Facebook for events: <https://www.facebook.com/GilbertCentre/>

The Gilbert Centre provides social and support services to empower, promote health, and celebrate the lives of people living with and affected by HIV and other sexually transmitted infections (STI) and the individuals and families from the lesbian, gay, bisexual, transgender, queer (LGBTQ) communities of Simcoe Muskoka. They host events on parenting, for Older Adults, and more.

General

Queer Events

<https://www.queerevents.ca/>

Resources and events for LGBTQ+ people

Toronto Gaymers

<https://www.torontogaymers.com/events>

Creating safer, hate-free spaces--both physical and virtual--for LGBTQ2S+ gamers and geeks of all stripes. We proudly serve intersectional populations, youths, PoCs, and build communities.

Camp Rainbow Phoenix in Durham

<https://pflagdurhamregion.com/camp-rainbow-phoenix>

“Camp Rainbow Phoenix is an adult-facilitated, peer-mentored and summer leadership camp for youth ages 13 to 17. This is a FREE camp.” Volunteer applications are open for mentors.

Big Brothers Big Sisters PRISM Program in Oxford County

<https://oxford.bigbrothersbigsisters.ca/what-we-do/our-programs/>

A challenge that many Oxford County 2SLGBTQ+ children and youth face is finding a mentor to help guide them along their journey. Big Brothers Big Sisters in Oxford County is proud to offer the PRISM program (Pride, Respect, Identity, Safety and Mentoring), entirely designed to connect 2SLGBTQ+ children and youth with 2SLGBTQ+ adults. The children and youth can foster an authentic bond with an 2SLGBTQ+ identifying adult. The relationship will provide a child or youth with a safe place to explore their identities, create an empowering relationship with a mentor and connect to the 2SLGBTQ+ community in Oxford County.

The Rainbow Chorus in Waterloo-Wellington

<http://rainbowchorus.ca/sing-with-us/>

Come join the community of singers who call the Rainbow Chorus family and community. All vocal sections and experience levels welcome!

Out on the Shelf in Guelph

<http://www.outontheshelf.com/>

We offer services to the LGBTQ2IA+ community of Guelph and Wellington, host a queer library and resource centre, and run various monthly programming.

OUTNiagara

<https://www.outniagara.org/events/>

LGBTQ+ events in Niagara, including support and social groups and groups for friends and family.

Canadian Centre for Gender and Sexual Diversity's Queer Book Club

<https://ccgsd-ccdgs.org/queer-book-club/>

The goal of this project is to send folks who are working through digital learning more resources around 2SLGBTQ history and culture.

York Region Pride

<https://yorkpride.ca/>

York Pride is proud to provide 2SLGBTQ+ social programming across York Region and Beyond

Toronto Pride 2021

<https://www.pridetoronto.com/>

Including over 70 individual events showcasing more than 130 2SLGBTQ+ artists, 14 party collectives, and seven community committee programs. The full month of programming will begin on June 1, concluding with two Festival Weekends on June 18-19-20 and June 25-26-27. Centred around community, education, and of course, celebration.

Inside Out Film Festival

<https://insideout.ca/>

Inside Out is a not-for-profit registered charity that exists to challenge attitudes and change lives through the promotion, production and exhibition of film made by and about 2SLGBTQ+ people of all ages, races and abilities. We were planning a special 30th Anniversary Exhibition for you at the festival, in person. And then, the pandemic. So, new plan! Coming to you digitally with an online exhibition built from materials pulled directly from our archives.

Kind Space in Ottawa

<https://www.meetup.com/Kind-Space-LGBTQIA-Community/>

Kind gives people in Ottawa's queer communities personal and peer support, as well as a physical space for people to understand and inhabit their particular identities with confidence and courage. Kind provides anyone on the human sexuality and gender spectrum with resources, information and support. Peer-led groups Kind runs include: Queer trans youth, Café Q, The Men's Group, Polyabilities, Biamore, Genderquest, etc.. Kind also hosts a variety of social events each month ranging from swim nights to art nights to movie nights as well as events during Pride week.

Meetup

<https://www.meetup.com/>

Join a group to meet people, make friends, find support, grow a business, and explore your interests.
Thousands of events are happening every day, both online and in person!